## **Request for Lactose Free Milk**

Please complete this form for students who are requesting lactose free milk as a milk substitute only. If the student needs to request more extensive meal accommodations such as Soy Milk or a Milk/Dairy Free Menu, these types of accommodations require the <u>Medical Statement for Students with Special Dietary Accommodations</u> form to be submitted to AESD's Child Nutrition Department.

Full Name of Student	Date of Birth
Student's School	Student ID
Printed Name of Parent/Legal Guardian	Phone Number
Reason for Request	

This written statement will remain in effect until the parent/legal guardian revokes such statement. The student's parent/legal guardian must sign this form.

Signature of Parent/Legal Guardian	Date

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

Fax: (833) 256-1665 or (202) 690-7442; or

Email: Program.Intake@usda.gov



CHILD NUTRITION

This institution is an equal opportunity provider.